

## Govt of Jammu & Kashmir Office of the Principal Amar Singh College

Cluster University Srinagar Gogji Bagh, Srinagar-190008 (J & K)

NAAC ACCREDITED B



Tel No: 0194-2310227



Website: www.amarsinghcollege.ac.in

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## NOTICE

The Department of Psychology and Psychological Counselling Cell Amar Singh College are celebrating **World Mental Health Week** from 05<sup>th</sup> to 10<sup>th</sup> Oct, 2023. In this regard, a Group Discussion on "Myths and Realities related to Mental Health" will be held on 07-10-2023 at 12:00 pm in the Taseer Hall. In this connection all the students are informed through the medium of this notice that who are willing to participate in the said event are directed to report on the said venue on the scheduled date and time. The registration of students will be done on spot.

Further a counseling Session for those students desirous of seeking counselling held on the same day from 01:30 pm to 04:00 pm. The counseling will be provided on first come first serve basis.

Prof. Sheikh Ajaz Bashir

Principal

Copy to.

- 1. HOD, Psychology for information
- 2. Convener Psychological Conselling Cell for information
- 3. I/C Website Committee to upload the notice on the college website and official social media/handles.
- 4. Mr. Bashir Ullah Dar, Incharge Bukhari Hall for information with directions to keep Bukhari Hall ready.
- 5. Head, Safai Walla for information
- 6. Office Records